



TIEGERMAN

TEACHING THE EXTRAORDINARY

EXPERTS IN LANGUAGE AND COMMUNICATION DEVELOPMENT

FOOD ALLERGY POLICY 2026-2027

The Health Office staff would like to take a moment to remind all parents of our food allergy policy. Studies show:

- Food allergies are on the rise
- Peanuts and tree nuts are one of the main causes of food allergies and are the leading cause of fatal and near-fatal anaphylaxis
- Most people do not outgrow a nut allergy, unlike most other food allergies
- Because there is not yet a cure for nut allergies, strict avoidance is the key to management

With these studies in mind and based on the needs of our student population, TIEGERMAN is a NUT/PEANUT-FREE school. We alert all parents not to **send in their child with any nut/peanut products**. Accidental ingestion can occur. We must be aware of hidden allergens, cross-contamination, and indirect exposure. In our attempt to be “a nut/peanut-free school” we never want to assume a false sense of security. We will continue strict supervision of our nut/peanut allergic population.

- Staff are advised of which children are allergic/and their specific symptoms, if known.
- Allergic children can only eat what is sent in from home.
- There is no sharing of food.
- **Under special circumstances and only with written parental permission will we deviate from this policy**

When a student with a food allergy is enrolled in school, a *Food Allergy Action Plan* is sent home. Please discuss this plan with your child's physician and return the plan as soon as possible. Being prepared to deal with accidental ingestion is a necessity.

As the safety of the students is our # 1 priority, we are implementing another precautionary step. All snacks sent in by parents for classroom celebrations **must be in a sealed package and identified as peanut/nut-free**.

Lastly, we are requesting that parents of the students with food allergies send in their own food/snacks for both classroom parties and school-wide celebrations. You will be notified by your child's teacher when such parties/celebrations will take place. As your child matures and can make more independent food choices, families are encouraged to help educate them when making “safe” food choices.

Thank you for your continued support. The risk of accidental exposure to food allergens can be reduced in the school setting if we all work together to minimize risks and provide a safe educational environment for all students.

FOOD ALLERGIES

PLEASE RETURN TO: Health Office

Name of Child _____ Group # _____
(Please Print)

I have read the information regarding nuts and peanut products. I will not send my child to school with food items that contain nut/peanut products.

Name of Parent (Please Print)

Signature of Parent

Tiegerman Preschool/Elementary School: 100 Glen Cove Avenue, Glen Cove, NY 11542 • (516) 609-2000 • (516) 609-2014

Tiegerman Middle School: 27 Cedar Swamp Road, Glen Cove, NY 11542 • (516) 801-6915 • (516) 801-6920

Tiegerman High School: 87-25 136 Street, Richmond Hill, NY 11418 • (718) 291-2807 • (718) 291-2658

Tiegerman School at Woodside: 70-24 47th Avenue, Woodside, NY 11377 • (718) 476-7163 • (718) 476-7049

Tiegerman Preschool at Far Rockaway: 264 Beach 19th Street, Far Rockaway, NY 11691 • (718) 868-2961 • (718) 868-0309

Tiegerman Preschool at Saint Catherine's: 990 Holzheimer Street, Franklin Square, NY 11010 • (516) 609-2010 • (607) 284-2257

www.tiegerman.org