

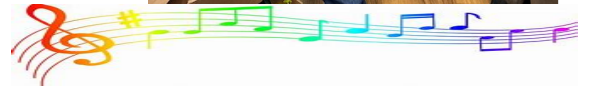


## TCS Saturday Respite Program!

Tiegerman Community Services Saturday Respite Program is designed to promote socialization and recreational activities for special needs children and adults.

### Activities Include:

- **Cooking:** Whip up delicious recipes
- **Arts & Crafts:** Unleash your creativity
- **Music:** Enjoy singing and music-making
- **Community Outings:** Explore local attractions
- **Dance:** Move and groove with friends
- **Sports:** Engage in fun physical activities
- **Wellness & Fitness:** Focus on health and well-being
- **And much more!**



### Program Details: Two Locations

- **Location:** 709 Prospect Avenue, Westbury, NY 11590- Participant over the age of 18
- **Hours:** Saturdays, 9:00 AM – 3:00 PM
- **Location:** 100 Glen Cove Ave, Glen Cove, N.Y. 11542-Participants under the age of 18
- **Hours:** Saturdays 10:00 AM-3:00PM

**Interested in Joining?** Contact our Intake Team for more information or to register:

- **Phone:** (516) 609-2000 ext. 800
- **Email:** [Intake@tiegerman.org](mailto:Intake@tiegerman.org)



**Don't miss out on a day of fun and connection! We can't wait to see you!**