



EXPERTS IN LANGUAGE AND COMMUNICATION DEVELOPMENT

We, in the Health Office, would like to take a moment and remind all our parents of our food allergy policy. Studies show:

- Food allergies are on the rise.
- Peanuts are one of the main causes of food allergies and, together with tree nut allergies, are the leading cause of fatal and near-fatal anaphylaxis.
- The incidence of peanut and tree nut allergy in children has doubled over the past five years.
- Most people do not outgrow peanut allergy, unlike most other food allergies.
- Because there is not yet a cure for peanut allergy, **strict avoidance is the key to management.**

With these studies in mind and based on the needs of our student population, **SLCD requests that parents not send in any nut/peanut products.**

Accidental ingestion is a fact of life, however. We must be aware of hidden allergens, cross contamination and indirect exposure. In our attempt to be “a nut/peanut free school” we never want to assume a false sense of security. We will continue strict supervision of our nut/peanut allergic population.

- Staff are advised of which children are allergic/and their specific symptoms if known.
- **Allergic children can only eat what is sent in from home.**
- No sharing of food.

When a student with a nut/peanut allergy is enrolled in school a *Food Allergy Action Plan* is sent home. Please discuss this plan with your child’s physician and send back as soon as possible. Being prepared to deal with accidental ingestion is a necessity.

As the safety of the students is our # 1 priority, we are implementing another precautionary step. **All snacks sent in by parents for classroom celebrations must come from the Snack Safely.com list**, which is posted on our website. In addition, all snacks provided by school at school sponsored activities will also come from this list.

Lastly, we are requesting that **parents of the students with the nut/peanut allergy please send in their own food/snacks for both classroom parties and school wide celebrations.** You will be notified by your child’s teacher when such parties/celebrations will take place.

Thank you for your continued support. The risk of accidental exposure to food allergens can be reduced in the school setting if we all work together to minimize risks and provide a safe educational environment for all students.

FOOD ALLERGIES

PLEASE RETURN TO: Intake Office

Name of Child _____ Group # _____

I have read the information regarding nuts and peanut products. I will not send my child ino school with food items that contain nut/peanut products.

Name of Parent (Please Print)

Signature of Parent